



## Marquette and Alger Counties 2016 Sidebar Survey Results

Great Lakes Center for Youth Development's Sidebar Survey was developed to provide supplementary information to the Profiles of Student Life: Attitudes and Behaviors Survey (created by the Search Institute) on key youth environment issues. The information is used by schools, community agencies and organizations for planning and evaluating programs and services. The topics include:

Career Preparation  
Internet Use and Safety  
Substance Use and Perceptions  
Health and Nutrition

Please note that questions may have been changed from previous survey editions and totals may not equal 100% due to rounding.

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		Number of Youth	Percent
<b>Total Sample</b>		1,416	100%
<b>Gender</b>	Male	686	48%
	Female	730	52%
<b>Race/Ethnicity</b>	White	1,276	90%
	Black	33	2%
	Hispanic Latino	23	2%
	American Indian	63	4%
	Asian	21	1%

# Career Preparation

1. During the school year, how many HOURS per week (on average) do you spend working for money?

	Total	Male	Female	8th	10th	12th
None	49%	50%	49%	51%	57%	37%
1 to 4 hours	29%	27%	30%	38%	26%	21%
5 to 8 hours	10%	10%	10%	8%	9%	16%
9 - 20 hours	9%	9%	9%	2%	6%	22%
20+ hours	3%	4%	2%	2%	3%	4%

2. Choose the one response that BEST fits your current situation.

	Total	Male	Female	8th	10th	12th
I do not work for money.	31%	32%	30%	35%	34%	21%
I want to work but have not been able to find a job.	25%	24%	26%	23%	30%	21%
I work because my family needs my income to help with family expenses.	2%	2%	3%	2%	2%	4%
I work because my family needs me to help (e.g., work in a family business, babysitting, caring for family members, etc.).	3%	3%	4%	6%	3%	1%
I work because I like to have extra spending money	31%	33%	28%	30%	27%	37%
I work because I need to save money for college	7%	6%	9%	5%	5%	15%

3. What are your plans following high school?

	Total	Male	Female	8th	10th	12th
Full time student at college or technical/vocational school	48%	46%	50%	42%	51%	51%
Full time employment (not planning on continuing education)	1%	2%	1%	1%	1%	2%
Full time employment with hopes of continuing education later on	3%	4%	3%	3%	3%	4%
Employment while going to school part time or part time employment while going to school full time	20%	16%	24%	19%	19%	24%
Military service	6%	10%	2%	7%	5%	5%
Undecided	18%	19%	16%	22%	18%	12%
Other	3%	4%	3%	6%	2%	2%

4. After high school, what kind of degree or other credential do you plan to achieve?

	Total	Male	Female	8th	10th	12th
A technical/vocational certificate (usually 6-18 months)	6%	9%	2%	6%	5%	6%
An associate's degree at a community college (usually 2-3 years of study)	8%	7%	10%	8%	8%	10%
A bachelor's degree at a university (usually 4-5 years of study)	43%	42%	45%	34%	46%	51%
A graduate degree (usually 2-4 years beyond a bachelor's degree)	19%	16%	21%	19%	19%	18%
Other/undecided/Not continuing education	24%	26%	22%	34%	22%	15%

5. Which sentence best describes what you hear about college in your high school?

	Total	Male	Female	8th	10th	12th
College can help you get certain kinds of good jobs, but is not for everyone	49%	49%	49%	44%	48%	56%
All students should continue their education after completing high school	27%	28%	26%	29%	28%	22%
College is expensive and not everyone can afford to go	14%	13%	15%	14%	15%	13%
College is only for kids doing well in school	3%	3%	3%	4%	2%	3%
Other	7%	8%	5%	9%	5%	5%

## Internet Use and Safety

6. On average, how much time each day do you spend on the Internet (including smart phone use) outside of school—not doing homework?

	Total	Male	Female	8th	10th	12th
I have no access to a computer outside of school	2%	2%	2%	3%	3%	1%
Less than 1 hour	8%	9%	8%	10%	6%	8%
1 to 2 hours	31%	33%	29%	34%	28%	33%
3 to 5 hours	36%	34%	37%	35%	37%	34%
More than 5 hours	23%	21%	24%	18%	26%	24%

7. Do you have an account on a “social networking site” (for example, Facebook, Twitter, Instagram, Snapchat, Pinterest, Tumblr, etc.)?

	Total	Male	Female	8th	10th	12th
Yes	94%	91%	97%	91%	94%	96%
No	6%	9%	3%	9%	5%	4%

8. Have you ever been asked to meet someone who you’ve met online?

	Total	Male	Female	8th	10th	12th
Yes	24%	20%	28%	17%	26%	30%
No	76%	80%	72%	83%	74%	70%

9. In the past year, have you seen a post or received a message online or via text message from a peer that was meant to threaten, embarrass or harass you?

	Total	Male	Female	8th	10th	12th
Yes	24%	17%	30%	23%	24%	24%
No	76%	83%	70%	77%	76%	76%

10. Choose the one response that BEST fits your current situation:

	Total	Male	Female	8th	10th	12th
I do not have a cell phone or similar device	7%	9%	5%	11%	6%	5%
I have a cell phone, but it cannot connect to the Internet or send text messages	3%	3%	3%	3%	2%	3%
I have a cell phone that can send text messages, but I cannot use it for Internet browsing	6%	8%	5%	8%	6%	5%
I have a cell phone with which I browse the Internet and send text messages	84%	79%	88%	79%	86%	87%

11. How closely is your text messaging and/or recreational use of the Internet outside of school monitored by your parents?

	Total	Male	Female	8th	10th	12th
I have no access to a computer outside of school	2%	3%	2%	4%	2%	2%
Not at all	38%	40%	36%	20%	40%	57%
A little bit	49%	48%	50%	60%	47%	36%
Very closely	11%	9%	13%	16%	11%	6%

12. Have you ever used a cell phone for "sexting?"

	Total	Male	Female	8th	10th	12th
Yes, I have sent and received such messages	15%	16%	15%	5%	18%	25%
Yes, I have received messages but have not sent them	13%	13%	14%	12%	15%	12%
No, I have never received or sent such messages	62%	62%	62%	70%	58%	56%
I don't know what sexting is	10%	10%	10%	14%	9%	7%

## Substance Use and Perceptions

13. How many times have you used prescription pills to get high in your lifetime?

	Total	Male	Female	8th	10th	12th
0	89%	90%	88%	94%	91%	80%
1	2%	2%	3%	2%	2%	4%
2	2%	2%	3%	1%	2%	3%
3 to 9	2%	2%	2%	1%	2%	4%
10 to 19	1%	2%	1%	1%	1%	3%
20+	3%	3%	3%	1%	2%	6%

14. How many times have you used prescription pills to get high during the last year?

	Total	Male	Female	8th	10th	12th
0	91%	92%	91%	96%	93%	83%
1	3%	2%	3%	2%	3%	4%
2	1%	1%	1%	1%	1%	2%
3 to 9	2%	1%	2%	1%	2%	4%
10 to 19	1%	1%	1%	0%	0%	3%
20+	2%	2%	1%	1%	1%	5%

15. How wrong do you think it is for someone your age to drink beer, wine or hard liquor

	Total	Male	Female	8th	10th	12th
Very wrong	46%	47%	46%	67%	42%	26%
Wrong	24%	22%	26%	18%	28%	26%
A little bit wrong	22%	22%	21%	11%	22%	34%
Not wrong at all	8%	9%	7%	4%	8%	14%

16. How wrong do you think it is for someone your age to smoke cigarettes?

	Total	Male	Female	8th	10th	12th
Very wrong	63%	66%	60%	78%	63%	43%
Wrong	21%	17%	24%	15%	23%	25%
A little bit wrong	11%	9%	12%	5%	10%	19%
Not wrong at all	6%	8%	5%	2%	4%	13%

17. How wrong do you think it is for someone your age to smoke marijuana?

	Total	Male	Female	8th	10th	12th
Very wrong	49%	49%	49%	72%	44%	27%
Wrong	20%	19%	20%	14%	24%	22%
A little bit wrong	17%	17%	17%	10%	18%	25%
Not wrong at all	14%	15%	14%	5%	15%	26%

18. If you wanted to, how hard would it be for you to get cigarettes?

	Total	Male	Female	8th	10th	12th
Very hard	32%	30%	35%	50%	30%	13%
Hard	18%	19%	18%	20%	20%	15%
Sort of easy	24%	26%	22%	21%	29%	21%
Very easy	25%	24%	26%	10%	21%	50%

19. If you wanted to, how hard would it be for you to get prescription drugs?

	Total	Male	Female	8th	10th	12th
Very hard	36%	38%	35%	47%	34%	24%
Hard	25%	26%	24%	23%	25%	28%
Sort of easy	20%	18%	22%	18%	22%	22%
Very easy	19%	18%	19%	12%	20%	26%

20. If you wanted to, how hard would it be for you to get beer, wine or hard liquor?

	Total	Male	Female	8th	10th	12th
Very hard	24%	24%	25%	40%	18%	12%
Hard	18%	19%	18%	21%	18%	17%
Sort of easy	29%	30%	29%	21%	35%	32%
Very easy	28%	28%	28%	18%	29%	40%

21. If you wanted to, how hard would it be for you to get marijuana?

	Total	Male	Female	8th	10th	12th
Very hard	43%	42%	44%	69%	35%	21%
Hard	17%	18%	17%	14%	19%	19%
Sort of easy	18%	18%	18%	10%	21%	23%
Very easy	22%	22%	22%	7%	25%	37%

22. How hard would it be for you to get beer, wine, or hard liquor from your home without your parents knowing it?

	Total	Male	Female	8th	10th	12th
Very hard	21%	22%	19%	23%	21%	18%
Hard	12%	12%	12%	11%	10%	16%
Sort of easy	16%	15%	17%	11%	19%	19%
Very easy	12%	13%	11%	8%	14%	14%
No alcohol in the home	9%	8%	9%	8%	7%	12%
I do not drink alcohol	31%	30%	31%	40%	29%	21%

23. Thinking about the last time you had at least one whole drink, how did you get alcohol at that time? Select only one response.

	Total	Male	Female	8th	10th	12th
I do not drink alcohol	68%	70%	67%	85%	67%	48%
I bought it myself with a fake ID.	0%	1%	0%	0%	0%	1%
I bought it myself without a fake ID.	0%	1%	0%	0%	0%	1%
A stranger bought it for me.	1%	2%	1%	1%	1%	3%
I got it from my parents.	5%	6%	5%	4%	6%	5%
I got it from home without my parents' permission.	3%	3%	4%	4%	4%	3%
I got it from someone I know who is under age 21 and not a relative.	8%	7%	8%	3%	9%	12%
I got it from someone I know who is age 21 or older who is not a relative	10%	8%	11%	1%	8%	23%
I got it from a relative under age 21	1%	1%	1%	1%	1%	0%
I got it from a relative (not my parents) age 21 or older.	2%	2%	3%	1%	3%	4%

24. Thinking about the last time you got cigarettes, how did you get them at that time?

	Total	Male	Female	8th	10th	12th
I do not smoke and have never bought cigarettes.	85%	86%	84%	93%	87%	72%
I bought it myself with a fake ID.	0%	0%	0%	0%	0%	1%
I bought it myself without a fake ID.	2%	2%	1%	0%	1%	4%
A stranger bought it for me.	1%	1%	0%	1%	0%	1%
I got it from my parents.	1%	1%	2%	0%	2%	3%
I got it from home without my parents' permission.	1%	1%	2%	2%	2%	1%
I got it from someone I know who is under age 18 and not a relative.	3%	3%	2%	2%	2%	4%
I got it from someone I know who is age 18 or older who is not a relative	5%	4%	6%	1%	5%	12%
I got it from a relative under age 18	0%	0%	0%	0%	1%	0%
I got it from a relative (not my parents) age 18 or older.	1%	1%	1%	1%	1%	1%

## Health and Nutrition

25. How would you describe your weight?

	Total	Male	Female	8th	10th	12th
Very underweight	1%	1%	1%	2%	1%	1%
Underweight	9%	10%	7%	9%	9%	7%
About right	67%	68%	65%	69%	66%	64%
Overweight	22%	18%	25%	19%	21%	26%
Very overweight	2%	3%	2%	2%	2%	2%

26. What are you doing about your weight right now?

	Total	Male	Female	8th	10th	12th
Trying to lose weight	36%	24%	46%	36%	34%	38%
Trying to maintain my current weight	29%	30%	29%	34%	27%	27%
Trying to gain weight	12%	20%	3%	8%	15%	11%
Not paying attention to my weight	24%	26%	22%	22%	25%	24%



27. In the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

	Total	Male	Female	8th	10th	12th
None	11%	8%	14%	6%	13%	15%
1	7%	5%	10%	7%	8%	8%
2	10%	8%	12%	7%	12%	11%
3	12%	9%	14%	11%	13%	10%
4	11%	11%	12%	10%	12%	12%
5	16%	16%	17%	17%	16%	16%
6	10%	12%	9%	11%	9%	11%
7	22%	32%	13%	31%	18%	16%

28. If you exercised three days or fewer in the last week, which answer describes the reason you didn't exercise more? Please check all that apply.

	Total	Male	Female	8th	10th	12th
Question doesn't apply to me because I exercised more than three days	47%	54%	41%	57%	44%	41%
Too busy with nonphysical extracurricular activities	11%	8%	13%	8%	11%	15%
Too busy with homework	17%	13%	22%	15%	20%	16%
Don't like physical activity	10%	8%	12%	7%	11%	12%
Other	15%	17%	12%	13%	14%	17%

29. How many fruit and/or vegetable servings do you typically eat each day? One serving of fruit might be things such as one banana, one apple, fifteen grapes, one half cup of orange or other fruit juice (don't count fruit flavored punch or fruit flavored pop). One serving of vegetables might be things such as one ear of corn, one carrot or ten baby carrots, five pieces of broccoli, half of a baked sweet potato (don't count french fries or potato chips).

	Total	Male	Female	8th	10th	12th
None	5%	6%	5%	4%	6%	7%
1 to 2	39%	38%	39%	37%	39%	40%
3 to 4	38%	36%	39%	37%	38%	38%
5 to 8	12%	12%	11%	13%	12%	10%
9 or more	6%	7%	6%	10%	4%	5%

30. How many days per week do you eat breakfast?

	Total	Male	Female	8th	10th	12th
None	12%	11%	13%	10%	14%	11%
1	6%	5%	7%	5%	6%	7%
2	11%	10%	11%	9%	10%	13%
3	9%	8%	10%	10%	9%	9%
4	5%	4%	6%	5%	5%	5%
5	13%	15%	12%	12%	13%	15%
6	9%	9%	9%	10%	9%	8%
7	36%	39%	32%	40%	34%	32%

31. If you have ever thought talking to a counselor or mental health professional would be helpful but you didn't, what was the reason? Please select all that apply.

	Total	Male	Female	8th	10th	12th
I didn't know who to talk to	20%	18%	23%	22%	20%	19%
It costs too much money	11%	8%	14%	7%	11%	15%
I didn't want my parents to know	14%	8%	19%	14%	13%	15%
I didn't want my friends to know	11%	8%	13%	13%	10%	9%
I didn't have enough time	13%	10%	15%	9%	13%	17%
I've never thought about seeing a counselor or mental health professional	63%	72%	54%	67%	62%	58%

32. If a friend told you they were meeting with a counselor every week for help, how would you feel? Please select all that apply.

	Total	Male	Female	8th	10th	12th
Inspired to do the same	13%	12%	15%	16%	13%	10%
Proud of them for finding help when needed	81%	71%	89%	81%	80%	81%
That they were weak for not being able to take care of their own problems	4%	7%	2%	3%	3%	7%
That you don't want to associate with them anymore	2%	3%	2%	3%	2%	3%
Other	13%	19%	7%	14%	12%	13%

33. In the past year, have you had a physical check-up in a doctor's office?

	Total	Male	Female	8th	10th	12th
Yes	90%	91%	89%	92%	90%	88%
No	10%	9%	11%	8%	10%	12%

34. In the past year, have you had a check-up in a dentist's office?

	Total	Male	Female	8th	10th	12th
Yes	88%	87%	88%	90%	87%	85%
No	12%	13%	12%	10%	13%	15%

35. What grade are you currently in?

	Total	Male	Female			
8th	35%	34%	35%			
10th	39%	38%	40%			
12th	27%	28%	26%			

36. What is your gender?

	Total			8th	10th	12th
Male	48%			48%	47%	51%
Female	52%			52%	53%	49%

37. How do you describe yourself? Please mark each that applies to you from the list.

	Total	Male	Female	8th	10th	12th
Asian	1%	2%	1%	1%	1%	2%
Black or African American	2%	3%	2%	2%	3%	3%
Hispanic or Latino/Latina	2%	2%	2%	1%	2%	2%
Native American	4%	4%	5	5%	4%	5%
White	90%	88%	92%	90%	91%	89%

38. In what county do you attend school?

	Total	Male	Female	8th	10th	12th
Alger	13%	14%	12%	15%	15%	8%
Marquette	87%	86%	88%	85%	85%	92%